

**KITCHEN OPEN 10am-3pm
MONDAY-SUNDAY**

Avo on Toast	9.00
Smashed Avo with tomatoes on sour dough with toasted seeds. (VG) Add egg £1, Add Salmon £3, Add Halloumi £3	
Fritter Stack	14.00
Veggie packed fritters towered high with layers of guac, topped with halloumi and crowned with an oozy poached egg	
Pastries	4.50
Sausage roll, nut roast roll (VG) or Boreks (VG) stuffed pastries.	
Buddah Bowl	7.50
Choice of 3 salads. Add dips and pitta £2	
Green Goddess Bowl	12.00
Halloumi, poached egg with 4 salads	

VEGAN & GF ALTERNATIVES AVAILABLE JUST ASK



Soup of the day	7.00
Served with Poppyseed bread	
Satay of the day	11.00
Served with rice	
Falafel Superfood Bowl	12.00
Falafels, hummus with 4 salads	
Omega 3 Bowl	12.00
Smoked Salmon, poached egg with 4 salads	
Protein Bowl	12.00
Chicken breast, bacon with 4 salads	
Quiche of the Day	10.50
Housemade quiche served with 3 salads	

Borek	10.50
Thin layers of pastry, stuffed & baked served with 3 salads	
Curry of the day	11.00
Served with rice	
Salad Plate	11.00
Salad Plate with 5 salads, dips and pitta Or add Chicken, Salmon, Halloumi or Falafels £3	
Fritter Stack	14.00
Veggie packed fritters towered high with layers of guac, topped with halloumi and crowned with an oozy poached egg	
Quesadillas	11.00
With a side of guacamole & tzatziki. Choose either veggie chilli & cheese, chicken, bacon & cheese, bacon with onion, tomato & cheese	

AFTERNOON TEA - Preorder only

Soup, sausage roll, roast potatoes, cheese toastie, brownie, slice of cake, fruit scone, clotted cream, jam & tea/coffee

20.00 PER PERSON

SANDWICHES

ALL 9.00 - Made with a Poppyseed toasted foccacia roll for extra crunch and gooeyness served with a salad.

Bacon, Brie & Cranberry

Ham & Cheese

Falafel & Hummus

Bacon or Halloumi, mayo, avocado, tomatoes in a bap

Bacon, Brie & Chilli Jam

Chicken, Bacon & Mayo

Cheese Toastie with Onion Chutney or Red Onion

Mozzarella, Tomato, Pesto & Basil

Chicken, Pesto, Mozzarella, Mayo, Tomatoes & Rocket

Brie, Mushroom & Thyme

Halloumi Roasted Pepper & Hummus

BAGELS

Smoked Salmon, Cream Cheese, Rocket, Capers & Dill

Parma Ham, Brie & Chilli Jam

Cakes and sweet treats - Check our counter for todays options from £3.25

SMALL BATCH COFFEE

Espresso	2.40
Americano	2.70
Flat White	2.90
Cappuccino	3.20
Latte	3.20

SUPERFOOD LATTES

Matcha	3.80
Turmeric	3.70
Chai	3.30
Dirty Chai	3.80
Beetroot	3.60

OAT, ALMOND, SOYA & COCONUT MILKS ARE AVAILABLE AS ALTERNATIVES 50P

VANILLA, CARAMEL, HAZELNUT, SUGAR FREE SYRUPS ON OFFER 50P

HOT & FROTHY

Mocha	3.30
Hot Chocolate	3.00
Add cream and marshmallows for 50p	
Kids Hot Chocolate	2.00
Add cream and marshmallows for 30p	
Babycino	0.75

THE ART HOUSE TEA

We serve Novus Tea from award winning traditional favourites including a decaffeinated to exciting original blends.

Novus Tea	2.70
Choose from Egyptian Mint, Earl Grey, Rooibus, Pear & Ginger, Pomegranate, Chamomile, Summer Berry.	

PRESSED IN-HOUSE JUICE

Breakfast Zinger	5.50
Apple, carrot, beetroot & lemon	
Regenerate	5.50
Orange, apple, carrot & ginger	
Skinny Green	5.50
Pineapple, apple, spinach, cucumber & lime	

Supergreen	6.00
Spinach, cucumber, kale, lemon, celery, avocado, spirulina	

ICED DRINKS

Iced Latte	4.00
Iced Long Black	3.60
Iced Mocha	4.00
Iced Chai	4.20

SOFT DRINKS

Coca Cola, Diet Coke, Fentimans Ginger Beer, Sparkling Elderflower, South Downs Still or Sparkling Water. Pressed juices Apple, Orange, Elderflower, Pineapple or Mango.	2.80
LemonAid	3.00
Organic, fair trade , less than 99 calories per bottle. Flavours of Lime/Ginger, Blood Orange or Passion Fruit	
BooYah Vitality	4.00
Choose from the Organic green tea, fresh ginger & zesty lemon or Cucumber, Mint & Lime. Award Winning Raw, Natural, Health in a glass. Kombucha is raw & unpasteurized packed with probiotics to rebalance the gut with healthy bacteria & antioxidants to boost your immune system and detoxify your liver.	

SMOOTHIES

Red Berry	5.50
Mix of red berries & banana	
Tropical Crush	5.50
Passion fruit, mango, pineapple & peach	
Green Goddess	5.50
Avocado, spinach, pear, mint, apple & melon	
Sunset	5.50
Strawberry, mango & banana	
Detox Green	5.50
Broccoli, kale, mango, peach & kiwi	
Strawberry Sunshine	5.50
Strawberry, melon, raspberry & banana	

ICE CREAM SHAKES

Strawberry & Cream, Vanilla & Oreo, Banana, Chocolate, Chocolate Salted Caramel, Vanilla, Mint Choc Chip	5.50
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ALCOHOLIC

BEER

Long Man Long Blonde 500ml	7.00
Long Man Helles Lager 330ml	5.00

WINE BY THE GLASS

Sauvignon Blanc Healy & Grey 175ml	6.50
Pinot Grigio Healy & Grey 175ml	6.50
Merlot	6.50
Prosecco 200ml	7.50
Prosecco 75cl	25.00

PLEASE ASK TO SEE OUR BESPOKE GIN MENU